

KIERA MUSCARA, LMSW

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Education:

Columbia University, *Master of Science in Social Work, 3.9* **May 2019**

NYU Tisch School of the Arts, *BFA in Drama / Honors Scholar, 3.4* **May 2016**

Professional Experience:

Blanton-Peale Institute and Counseling Center

Staff Therapist

May 2019 – Present

- Provided individual psychotherapy, and conducted intake sessions, for a caseload of up to 25 clients aged 16+ while creating appropriate treatment plans and maintaining case notes for clinic

Graduate Clinical Social Work Intern

September 2018 – May 2019

- Provided individual psychotherapy, and conducted intake sessions, for a caseload of 9 clients aged 16+ while creating appropriate treatment plans and maintaining case notes for clinic
- Partook in weekly disposition meeting reviewing intakes for potential new clients
- Facilitated intake request, medication-related, and general client correspondence
- Participated in weekly Clinical Training Conference with psychoanalytic institute

CEU Creations, Inc.

June 2019 – Present

Educational Consultant

- Conducted research, developed topics, created content, and presented for Continuing Education workshops for social workers and healthcare professionals

Mount Sinai Adolescent Health Center

April 2018 – September 2018

Clinical Research Intern

- Provided sexual education and resources to adolescents in recruitment process for HPV study

AHRC New York City

Social Work Graduate Intern

September 2017 – May 2018

- Conducted weekly individual sessions with adults with intellectual and psychiatric disabilities
- Co-created and facilitated group of up to 6 members focused on empowerment, autonomy, and self-care
- Lead drama therapy for adults with intellectual and psychiatric disabilities in a group setting of up to 10 members

Drama Therapy Intern

September 2016 – May 2017

- Co-lead drama therapy for adults with intellectual and psychiatric disabilities in a group setting of up to 15 members

The Center for Autism and Related Disorders (CARD)

February 2016 – April 2017

Behavior Therapist I

- Provided ABA therapy in home and clinic settings for children with autism while collecting data

National Student Leadership Conference (NSLC)

July – August 2015

Acting Intensive at Yale University – Head Team Advisor

- Served as a mentor, counselor, and teacher for high school students in leadership and acting exercises
- Lead team of counselors for high school leadership intensive

ESBoces**July – August 2014****Migrant Education Summer Program – Assistant Teacher**

- Assistant taught preschool/kindergarten aged migrant and homeless children in summer program
- Assisted in developing and executing lesson plans

Family Medicine Associates of West Babylon**January 2009 – September 2013****An NYU Winthrop Affiliate – Filer/Data Entry**

- Responsible for filing charts for a multi-physician family medical practice
- Converted charts via data entry and scanning for transition to EMR system
- Assisted billing department and reception with assorted tasks

Leadership/Public Speaking:

- Sayville High School, Sayville, NY, Presenter: Suicide Prevention, 2008-2012
- Lincoln Avenue Elementary School PTA, Sayville, NY, Presenter: Female Aggression, 2018

Publications:

Szucs, A., Schau, C., Muscara, K., & Tomasulo, D. (2019). Character Strengths Activation for People with Intellectual and Developmental Disabilities Using Video Feedback in Groups. *Journal of Education and Learning*, 8(1), 12-20.

Languages:

Basic Spanish, French, and Italian