

# KIERA MUSCARA, MSW

*KieraMuscara.com*  
*kmm2312@columbia.edu*  
**(631) 487-2703**

## **Education:**

**Columbia University**, *Master of Science in Social Work, 3.9*  
**NYU Tisch School of the Arts**, *BFA in Drama / Honors Scholar*

**May 2019**  
**May 2016**

## **Professional Experience:**

### **Blanton-Peale Institute and Counseling Center**

#### ***Staff Therapist***

**May 2019 – Present**

- Provided individual psychotherapy, and conducted intake sessions, for a caseload of up to 25 clients aged 16+ while creating appropriate treatment plans and maintaining case notes for clinic

#### ***Graduate Clinical Social Work Intern***

**September 2018 – May 2019**

- Provided individual psychotherapy, and conducted intake sessions, for a caseload of 9 clients aged 16+ while creating appropriate treatment plans and maintaining case notes for clinic
- Partook in weekly disposition meeting reviewing intakes for potential new clients
- Facilitated intake request, medication-related, and general client correspondence
- Participated in weekly Clinical Training Conference with psychoanalytic institute

#### **Mount Sinai Adolescent Health Center**

**April 2018 – September 2018**

#### ***Clinical Research Intern***

- Provided sexual education and resources to adolescents in recruitment process for HPV study

#### **AHRC New York City**

#### ***Social Work Graduate Intern***

**September 2017 – May 2018**

- Conducted weekly individual sessions with adults with intellectual and psychiatric disabilities
- Co-created and facilitated group of up to 6 members focused on empowerment, autonomy, and self-care
- Lead drama therapy for adults with intellectual and psychiatric disabilities in a group setting of up to 10 members

#### ***Drama Therapy Intern***

**September 2016 – May 2017**

- Co-lead drama therapy for adults with intellectual and psychiatric disabilities in a group setting of up to 15 members

#### **The Center for Autism and Related Disorders (CARD)**

**February 2016 – April 2017**

#### ***Behavior Therapist I***

- Provided ABA therapy in home and clinic settings for children with autism while collecting data

#### **National Student Leadership Conference (NSLC)**

**July – August 2015**

#### ***Acting Intensive at Yale University – Head Team Advisor***

- Served as a mentor, counselor, and teacher for high school students in leadership and acting exercises
- Lead team of counselors for high school leadership intensive

## **Leadership/Public Speaking:**

- Sayville High School, Sayville, NY, Presenter: Suicide Prevention, 2008-2012
- Lincoln Avenue Elementary School PTA, Sayville, NY, Presenter: Female Aggression, 2018

## **Publications:**

Szucs, A., Schau, C., Muscara, K., & Tomasulo, D. (2019). Character Strengths Activation for People with Intellectual and Developmental Disabilities Using Video Feedback in Groups. *Journal of Education and Learning*, 8(1), 12-20.

## **Languages:**

Basic Spanish, French, and Italian